

Program Length for Certified Caregiver/Personal Support Worker through the National Association of Certified Caregivers/Personal Support Workers

Program Hours	Certified Caregiver/Personal Support Worker	Personal Attendant
Theory, Includes Anatomy and Physiology, testing	Modules 1-15-800 hours	Modules 1-14 600 hours
Precepted Clinical Placement	200 hours	200
Total	1000 hours	600

Program Outline: Theory inclusive of 350 hours Anatomy and Physiology and Disease Process

Certified Caregiver / Personal Support Worker Modules	Hours
Individuality of the Person	20
Human Relations and Professionalism and Interpersonal Skills	40
Role of the Worker	20
Anatomy and Physiology and Disease Process	400
Safety	20
Assisting a Person with Mobility	20
Abuse	20
Household Management and Meal Preparation (Safe Food Handling Training and Testing is available in addition to this module.	18
Optimal Support and Care Planning	30
Personal Hygiene	20
Assisting the Family	20
Cognitive Impairment and Mental Health Issues	30
Assisting with Medications	20
Assisting the Person Who is Dying	22
Testing and Assignments	100
Precepted Practicum with Private and or Community Private Care	200
Notes: 1. Hours required to complete First Aid and CPR are not included in the totals 2. Assignments are approximate and the most important of the material to be completed with each module. 3. Only one assignment is due for each module and this may be discussed and chosen in consultation with the instructor.	