

**Certified Caregiver / Personal Health
Support Worker**



Student Manual Part Two Module Twelve Cognitive Impairment and Mental Health Issues



Student Guide for Personal Support Workers
Part 2 Module 12 – Cognitive Impairment and Mental Health Issues

TABLE OF CONTENTS

PART 2 MODULE 12 -COGNITIVE IMPAIRMENT AND MENTAL HEALTH ISSUES	1
QUOTE.....	1
The Grande Chartreuse, 1.85	1
KEY TERMINOLOGY	1
MODULE CONTENT	1
DEFINING ABNORMAL BEHAVIOUR	2
DEFENSE MECHANISMS	4
THE SOCIAL LEARNING MODEL	6
MOOD DISORDERS.....	6
BI-POLAR DISORDER.....	7
DEPRESSION.....	7
SYMPTOMS OF MAJOR DEPRESSION.....	7
DANGER SIGNS OF SUICIDE.....	8
COGNITIVE AND MEMORY DISORDERS	8
THE COGNITIVE EFFECTS OF BRAIN INJURY	8
THE TYPES OF COGNITIVE FUNCTIONS.....	9
Cognitive Deficits Affect Personality and Emotion	9
THE COURSE OF COGNITIVE IMPAIRMENT	9
COGNITIVE IMPAIRMENTS IDENTIFIED	9
DURING RECOVERY	10
TREATMENTS AVAILABLE.....	10
ACQUIRED BRAIN INJURY.....	10
MILD BRAIN INJURY	11
MODELS OF REHABILITATION.....	12
DEMENTIA	13
VIRUS OR PRION	15
MULTI-INFARCT DEMENTIA.....	15
DIFFERENTIAL DIAGNOSIS.....	16
ALZHEIMER'S DISEASE	16
PLAQUES AND TANGLES.....	18
BRAIN SCANS	18
CLINICAL FEATURES OF ALZHEIMER'S DISEASE	18
DIAGNOSIS BY EXCLUSION.....	19
CHEMICAL THEORIES (DEFICIENCIES AND TOXIC EXCESSES).....	20
THE GENETIC THEORY	22
THE AUTOIMMUNE THEORY	22
THE SLOW VIRUS THEORY	23
THE BLOOD VESSEL THEORY.....	23
THE TREATMENT OF ALZHEIMER'S DISEASE	23
PICKS DISEASE.....	25
CARING FOR THE PERSON WITH DEMENTIA	33
VALIDATION THERAPY	36
AGITATION AND DEMENTIA	38
COMMUNICATION IN DEMENTIA CARE.....	39
HUNTINGTON DISEASE	40
PARKINSON'S DISEASE.....	41
CONFUSION	42
SUICIDE	42
DRINKING PROBLEMS IN OLDER PEOPLE.....	43
PHYSICAL EFFECTS OF ALCOHOL	43
MIXING DRUGS	43

Student Guide for Personal Support Workers

Part 2 Module 12 – Cognitive Impairment and Mental Health Issues

EATING DISORDERS	44
ANOREXIA NERVOSA.....	44
CRISIS INTERVENTION	45
WARNING SIGNS.....	45
INTERVENTIONS.....	46
MODULE SUMMARY	47
STUDY GUIDE	48